

Australasian Sleep Association

New Zealand Branch

ANNUAL MEETING 12:00 pm 17 July 2025

AGENDA

Present: Karyn O’Keeffe (Chair), Rosie Gibson, Bronwyn Sweeney, Marcia Balzer (minutes), Sarahmarie Kuroko, Rosie Jackson, Shay-Ruby Wickham, Dee Muller, Tracey Barnfield, Leigh Signal, Patryk Szulakowski, Michael Hlavac, Teurai Chikura, Angela Campbell, Sally Powell, Bruno Petry

Apologies: Barbara Galland, William Good, Sonia Cherian. Dawn Elder

1. Opening Karakia

Kia tau ngā manaakitanga a te mea ngaro
ki runga ki tēnā, ki tēnā o tātou
Kia mahea te hua mākihikihi
kia toi te kupu, toi te mana, toi te aroha, toi te Reo Māori
kia tūturu, ka whakamaua kia tīna! Tīna!
Hui e, Tāiki e!

*Let the strength and life force of our ancestors
Be with each and every one of us
Freeing our path from obstruction
So that our words, spiritual power, love, and language are upheld;
Permanently fixed, established and understood!
Forward together!*

2. Welcome & Apologies

3. Minutes of the 2024 annual meeting - The minutes were approved. Proposed: Rosie Gibson Seconded: Angela Campbell

4. President’s report

This year’s World Sleep Day webinar by Dee Muller was well received and Dee was thanked for her contribution.

Sleep in Aotearoa 2025 was a great success and feedback is coming in that people are keen to attend future meetings. The first meeting in Tauranga was attended by 120 delegates and 17 industry representatives. Patryk Szulakowski was thanked for being the local host and contributing such great ideas on program innovations. Clinical spotlights and symposium sessions were included in the program for the first time.

Prizes were awarded as follows:

New Investigator Award – Sarahmarie Kuroko
Distinguished Service Award - Dr Andrew Veale
Emerging Researcher Award - Dr Rosie Jackson
Student Travel Awards - Shay-Ruby Wickham, Nisha Suresh and Sarahmarie Kuroko

The sponsors and exhibitors were thanked for their vital contribution to Sleep in Aotearoa: Apex Medical, Eisai, ResMed, Fisher & Paykel Healthcare, B Medical, Excellcare and Compumedics.

Advocacy activities included discussions with Pharmac about the methylphenidate shortage and Tim Lequeux spoke on this topic at Sleep in Aotearoa. The Branch has also been invited to provide comments on guidelines for people with cardiovascular disease and kidney disease and the Executive will likely ask members for input on this shortly.

Rosie Gibson was thanked for her work on Branch social media activities on LinkedIn and Facebook.

Karyn read the personal message from Barbara's final report as Branch President, including her thanks to the Branch Executive members and the ASA Board and President for their support.

Sleep DownUnder 2025 will include an event for NZ delegates to meet together. Sleep DownUnder 2028 will be held in Auckland.

5. Finance report – Karyn O’Keeffe

There will be approximately \$4000 surplus from Sleep in Aotearoa 2025, which will help to support NZ Branch activities. There is also a healthy term deposit with surplus funds invested.

6. Election of Branch Executive members & Treasurer

Sonia Cherian and Michael Hlavac are stepping down from the Branch Executive.

Bronwyn Sweeney and Leigh Signal were nominated for a new two-year term and were elected.

Angela Campbell was nominated for the Treasurer role and was elected.

Teurai Chikura, Dee Muller and William Good are new nominations to join the Executive and were elected.

Karyn welcomed Teurai, Dee and Matthew to the Executive and thanked them for being willing to contribute as new voices on the Executive.

7. Other business

Bronwyn Sweeney thanked Karyn for her work as Treasurer and for stepping into the President role. Michael Hlavac thanked Barbara for her extraordinary leadership and enthusiasm during her three years as Branch President. A particular highlight was the

terrific Sleep in Aotearoa meeting in Tauranga. Patryk also thanked Barbara and Karyn, and without them the Tauranga meeting and Branch activities would not have been possible.

Karyn mentioned that she's looking forward to continuing the important work of the NZ Branch, and continue building on the achievements of the Branch.

8. Next meeting – The 2026 annual meeting will be held on a date to be announced in approximately 12 months' time. It was agreed a virtual meeting is the best option.
9. Closing Karakia

Ka whakairia te tapu
Kia wātea ai te ara
Kia tūruki whakataha ai
Kia tūruki whakataha ai
Hui ē! Tāiki ē!

Restrictions are moved aside, so the pathway is clear.

To return to everyday activities, to return to everyday activities.

Enriched, unified, blessed.